

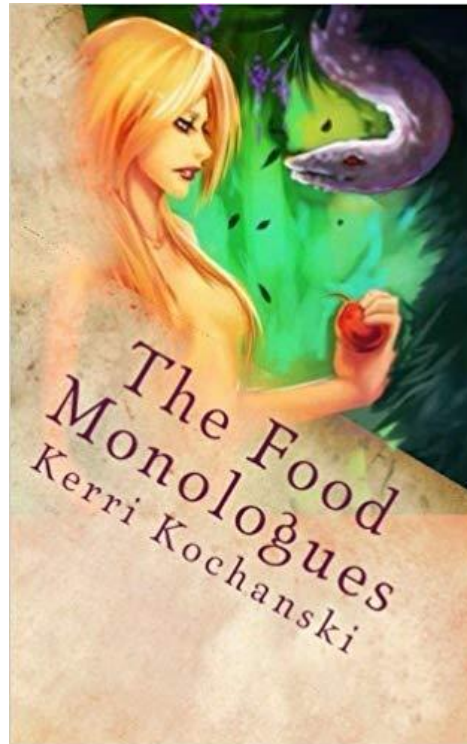
The Food Monologues Project Proposal

Applicant: NAME | Food Science Industry Option Senior

Contact Information: PHONE | (@iastate.edu)

Project Advisor: Advisor Name (@iastate.edu)

Amount requested: \$600



Media source: Play- *The Food Monologues* by Kerri Kochanski

Abstract

This project is to produce the play *The Food Monologues* in conjunction with ISU Theatre's HERoic season. Currently, it is rare for women not to have felt societies' pressure to fit a certain model for their body to look like. *The Food Monologues* is meant to take this problem and embody the struggle women feel in relation to their body image, weight and even the food they ultimately decide to eat. This goal of this project is to be advertised or performed around National Body Image and Eating Disorder Awareness (BIEDA) week (Feb. 21-23). The goal with producing this piece is to spread self-love, challenge the perception of what is beautiful and develop my abilities as a director. This piece doubles as a capstone, putting into action all of the skills I have gained in my time at Iowa State, as well as proof to myself that I can continue my involvement with performing arts after I leave.

Theme

Empowering young women to look at their bodies in a positive way. Understanding the female body and issues through many different lenses and viewpoints. Challenging what we call 'Standards'.

Background

I am an obese woman. When I have to wear provided lab coats in class, I become extremely embarrassed when I don't get one that fits. I have tried dieting, cursing my body every single time the scale goes up and not down, until the scale has become my enemy. I know I am not alone. Healthy body image and self-love are things that women are not taught. Instead, it's "You would look great if you were a few pounds lighter", "Smile. You're prettier when you smile". When are women going to stop trying to look better for others and love themselves the way they are? Talking about the struggles women go through daily can bring awareness and create an environment where women will feel loved, empowered, and beautiful.

Expected Outcomes

1. Explore *The Food Monologues* to create an inspiring world that connects with audiences
2. Celebrate women, create an environment of trust, expression, and creativity
3. Develop the ability to critique my own work and challenge myself to produce honest and relevant work

Applicant's Background

I am a senior studying food science and performing arts with an emphasis in directing. Growing up being a larger size than others, it has been my dream to produce plays that empower women

and draw attention to the strength women possess while asking uncomfortable questions about how society perceives women. Previously, I have directed a 10 minute play, *My Body*, and a one act, *Science Night*, both dealing with women issues such as the rights of women's control over their bodies and rape stigmas. Last semester, I assistant directed *Godspell* with Brad Dell. Other projects I have been involved in during my time at Iowa State University include The ISU One Day Plays (actor & director), *The Tempest*, *Iphigenia*, *Orpheus in the Underworld*, and Climate Change Theater Action.

Timeline

- ❖ Dates will be more set once project is approved. This would work around ISU Theatre season depending on actor's availability and mainstage performances.
- ❖ December
 - Begin weekly production meetings with costume designer, set designer, lighting designer, stage manager, and props
 - Meeting Dates and Location TBD
 - Will continue until tech week
 - Auditions
 - Rehearsal-Weekly rehearsals will be Sunday-Thursday from 7-10pm
 - Week 1: Read through, individual meetings with each actor for character work, including group pieces
 - Week 2: Blocking all scenes individually
 - Week 3: First Full Run through of each piece OFF BOOK, Work Act 1 and Act 2 separately, Begin Transition Work
 - Week 4; Spend time redefining each piece, Full Run of Act 1 with transitions, Full Run of Act 2 with transitions
 - Week 5: Work scenes in need, Full Run of Show
 - Week 6: TECH WEEK (Dress Rehearsals)
 - Performances
 - TBD x4

Budget

Budget Item	Source	Amount
Production Rights		\$410
<i>Show x4</i>	<i>Kerri Kochanski(\$60/show)</i>	<i>\$240</i>
<i>Scripts x13</i>	<i>Amazon (\$13/script)</i>	<i>\$170</i>
Venue		\$0
<i>Memorial Union Rooms</i>	<i>Iastate.edu</i>	<i>\$0</i>
<i>Ames Public Library</i>	<i>amespubliclibrary.org</i>	<i>\$0</i>
Advertising		\$50
<i>Audition Announcement</i>	<i>ISU Printing</i>	<i>\$5</i>
<i>Flyers</i>		
<i>Show Posters</i>	<i>ISU Printing-In color</i>	<i>\$45</i>
<i>Social Media Posts</i>	<i>Facebook, Instagram, Snapchat</i>	<i>\$0</i>
Set		\$20
<i>Black and Gray Curtains</i>	<i>Walmart</i>	<i>\$20</i>
Props		\$70
<i>Food (listed in script)</i>	<i>Walmart</i>	<i>\$50</i>
<i>Props</i>	<i>Walmart/ Hobby Lobby</i>	<i>\$20</i>
Costumes		\$50
<i>All Black for Ensemble</i>	<i>Thrift shops, Walmart</i>	<i>\$30</i>
<i>Special Items (Veil, Wedding dress, Etc)</i>	<i>Thrift Shops, Walmart</i>	<i>\$20</i>
Total		\$600